

Introduction to Transformational Coaching

Our Introduction to Transformational Coaching is a 3 hour live online session led by experienced Animas coaches to help you learn more about coaching and whether becoming a coach is right for you.

Unlike traditional webinars, our sessions are highly-interactive, engaging and fun Zoom meetings using teaching, discussion and practice.

What you'll cover

- Animas: Who Are We?
- What is Coaching?
- Possible Coaching Career Pathways
- Your Vision for Being a Coach
- Comfort Break
- The Animas Course
- How You Can Join

Along with the core topics above, there will be plenty of space for you to ask any questions you have.

Getting the best from the session

To get the best from the session, we recommend:

- A quiet space
- Headphone and mic
- A nice clean notepad
- An active curious mind!

To get you started, why not make a note of THREE questions you'd loved to have answered?

1. _____
2. _____
3. _____

and finally



You'll be sent a Calendar Event Invite and a Zoom link will be added nearer the time along with reminder emails.



If you have any questions beforehand or can no longer attend, please email us at itc@animascoaching.com



See you there!